

ABSTRACT

The invention relates to functional food/drink with antiallergic actions, which contain one or more selected from the group consisting of

5 epigallocatechin-3-O-(3-O-methyl)gallate and
gallocatechin-3-O-(3-O-methyl)gallate,
epigallocatechin-4-O-(4-O-methyl)gallate and
gallocatechin-4-O-(4-O-methyl)gallate, and strychnine.